



Work top to bottom – each section is one step harder. Stretch the sounds – "mmm-aaa-p" – and squeeze them together until the word snaps. Never "muh-ah-puh."

## 1 • Ears only — no letters yet

You say the sounds slowly; your child catches the word. This card is a script for your voice only.

b-ee → **bee**   sh-oe → **shoe**   c-ow → **cow**  
 s-u-n → **sun**   m-oo-n → **moon**  
 m-a-n → **man**   f-i-sh → **fish**   s-o-ck → **sock**

*Two-sound words first. Move on when those are instant and three-sound words mostly land.*

## 2 • Two sounds, now with letters

The shortest words you can sound out – just a vowel and one more sound.

at   an   am   in   it   if   on   up  
 us

*Point under each letter as your child says its sound, then slide your finger across fast.*

## 3 • Stretchy starts

These start with sounds you can hold – "sssss," "mmmmm" – so the word flows together.

sat   sun   sip   man   map   mud  
 net   nap   nut   fan   fin   fun  
 lip   leg   log   run   red   rat

*Stretch the whole word in one breath: "sssuunnn."  
 No stops between sounds.*

## 4 • Quick starts

These start with sounds you say and let go – the shortest possible /k/, /b/, /t/, with no "uh" after it.

cat   cot   cup   bat   bed   bus  
 dog   dig   dad   pig   pen   pot  
 top   ten   tub   hat   hen   hop

## 5 • Word chains — change one sound

Each word changes exactly one sound from the last – the fastest blending workout there is.

sat → sit → sip → tip → tap → top

cat → cot → dot → pot → pit → pig

sun → fun → fan → man → men → ten

*Ask: "which sound changed?" Hearing the swap is the skill.*

## When the word won't snap

- ☐ Go back one section – smaller words first
- ☐ Stretch it yourself, child echoes: "mmaaap – map!"
- ☐ Blend as you go: "sss... su... sun"
- ☐ Stop while it's still fun

*Three or four words a day is plenty – and weeks of practice before it clicks is completely normal.*

Every word in sections 2–5 uses single letter sounds only – no sh/ch/th. Next steps: digraph words and consonant blends, free at [www.luvinci.app/blog](http://www.luvinci.app/blog).



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